GETTING STARTED GUIDELINES

TELL YOUR MENTEE WHY YOU CHOSE TO BECOME A MENTOR

ASK “GET TO KNOW YOU” QUESTIONS:

♦ What are your hobbies? Tell me about your family? What is your favorite kind of food/place to eat? What are your strengths? What are the areas that you feel you need to develop skills in or learn more about?

OFFER SOME INFORMATION ABOUT YOUR OWN BACKGROUND

ASK YOUR MENTEE, IN GENERAL, WHAT THEY WOULD LIKE TO GET OUT OF THE RELATIONSHIP DEVELOP TWO OR THREE GOALS FOR YOUR MENTORING RELATIONSHIP.

♦ How do you like to be supported to accomplish goals? (e.g.: Forcefully pushed? Gently encouraged? Challenged? Need a lot of acknowledgement for what is working or what you are doing right in relationship to what you want?)
♦ What are you looking for in a coach?
♦ How can I best support you?

SHARE WITH YOUR MENTEE HOW YOU LIKE TO WORK AS A MENTOR.

DECIDE ON THE LOGISTICS AND STRUCTURES THAT THEY WANT TO USE TO SUPPORT THEIR RELATIONSHIP:

♦ Meeting times, length of meetings, frequency of meetings, where, who initiates, how will you structure your meetings or use your time together?

CLOSE WITH WHAT THE NEXT STEPS ARE AND AGREE ON NEXT MEETING